

Cleansing Prayer Outline

Part I: Cleansing

1. Praise God, offering thanksgiving to Him for how He specifically has blessed you, especially during the last 24 hrs.
2. Give God your sins, the memories of sins from the past, your hurts, resentments, fears or any negative thought, feeling or character trait that God brings to your mind
3. Ask God to cleanse your memories of each sin
4. Ask God to cleanse you to the 3rd and 4th generation of where that sin may have been passed on to you
5. Ask Jesus to cover that sin with His precious blood
6. Ask Jesus to cleanse and remove the sin from your amygdala
7. Ask Jesus to cleanse your books in Heaven where the sin is recorded
8. Ask Jesus to cover you with His robe of righteousness
9. Ask Jesus to completely blot out the sin and put it upon the head of the scapegoat (Satan)
10. Ask Jesus to cast out all demons associated with the sin, send them to the abyss and bind them there for the day of judgement, never to return

Part II: Re-creation

1. Ask Jesus to recreate you according to the original plan that He had written in His books for you
2. Ask Jesus to seal you into His truth and write His law upon your heart, by claiming specific promises that address your sin
3. Ask Jesus to give you the fullness of the Latter Rain
4. Ask Jesus to remind you of the promises to claim if you experience any temptation for the sin that you have confessed

(For further details of each numbered item, see the attached Explanations of the Cleansing Prayer Outline)

Explanation of the Cleansing Prayer Outline

Introduction: We are living in the Day of Atonement, when Jesus is not only cleansing the heavenly sanctuary from our sins but is also cleansing our hearts and minds. All sins recorded in our books in Heaven are also engrained in our minds. This process of cleansing which we have described is known as the judgment of the living.

In this cleansing process we pray for the blotting out of all sins from our lives, enabling us to fully reflect the character of Jesus. This is to prepare us for the full outpouring of the Latter Rain and to receive the seal of God. Thus we will be enabled to give the Loud Cry, and be prepared for the close of probation and the coming of Jesus.

Part I: Cleansing

1. Always begin your prayer by praising God for who He is and the wonderful things that He has done for you in the last 24 hours or throughout your life. Be specific to name the smallest blessing He has bestowed upon you and your family.
2. Ask Jesus to reveal any sin, hurtful memories, negative sinful behavior, thoughts, feelings, motives, or resentment that you may harbor in your heart. Ask Jesus to reveal the root of sins (where this sin first took hold of you). Pray that He will reveal the lies and deceptions of the enemy that you believed, causing you to go down the wrong pathway in the first place.

Claim God's promises, asking Him to reveal thoughts and feeling that unconsciously affect our behavior today.

You may claim such texts as:

"[God] reveals deep and hidden things; he knows what lies in darkness, and light dwells with him." (Daniel 2:22)

"Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting." (Psalm 139:23, 24)

3. We have likely fallen into this sin or wrong habit pattern of thinking and feeling most of our lives, and our brain has stored these memories. These must be cleansed away by Jesus.
4. Sins are passed onto us from the generations that have gone before us. Behind every sin there is a demon (or demons) that is responsible for passing sins onto us. We often choose to follow the ways of those before us; however, God is now calling this generation to put to death all sins and have them blotted out forever.

5. Ask for forgiveness for your sins, wrong thoughts and feelings; for Jesus has promised to forgive us our sins and will cleanse us from all unrighteousness.

“If we confess our sins, He is faithful and just to forgive us our sins and purify us from all unrighteousness.” (1 John 1:9)

6. Ask Jesus to cleanse and remove the sinful emotions/thoughts from your amygdala. (The amygdala is the area of your brain that has stored every emotion that you have ever experienced from the moment of conception.)
7. Ask Jesus to cleanse your books in Heaven and wipe your record clean. Then ask Him to record the perfect plan that He had ordained for you to follow when His mind conceived you.
8. Ask to be covered by the perfection of Christ’s life. You may find Scriptures that show how He dealt with similar situations that you confessed, and the perfect way He thought and felt when He lived upon earth.
9. Ask Jesus to blot out your sins and put them on the head of the scapegoat (Satan). You may claim promises such as these:

“LORD, you establish peace for us; all that we have accomplished you have done for us. LORD our God, other lords besides you have ruled over us, but your name alone do we honor. They are now dead, they live no more; their spirits do not rise. You punished them and brought them to ruin; you wiped out all memory of them.” (Isaiah 26:12–14)

“I, even I, am he who blots out your transgressions, for my own sake, and remembers your sins no more.” (Isaiah 43:25)

10. At this point in your prayer, it is important for you to ask Jesus to cast out every demon that is responsible for leading you into the sin(s) you have confessed and renounced and ask Him to put a God-given enmity between you and Satan. (see Gen. 3:15)

Part II: Re-creation

1. You may claim the promise penned in Psalms 139:16:

“My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth. Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be.”

2. Ask Jesus to fulfill His covenant promise, by recreating His character in you as He writes His law of love, the Ten Commandments, on your heart.

Hebrews 8:10, 11 states, “This is the covenant I will establish with the people of Israel after that time, declares the Lord. I will put my laws in their minds and write them on their hearts. I will be their God, and they will be my people. No longer will they teach their neighbor, or say to one another, ‘Know the Lord,’ because they will all know me, from the least of them to the greatest.”

3. We are now living in the time of the Latter Rain, which God is ready to pour out upon His people who are emptied of sin, in order for them to be prepared to give the Loud Cry.
4. Ask Jesus to help you hear and follow His still, small voice, admonishing you not to think wrong thoughts or feelings.

“Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, ‘This is the way; walk in it.’” (Isaiah 30:21)

“Holiness is agreement with God.” (Testimonies, vol. 5, p. 743)

“The thoughts and feelings combined make up the moral character.” (Testimonies, vol. 5, p. 310)

“A character formed according to the divine likeness is the only treasure that we can take from this world to the next.” (Christ’s Object Lessons, p. 332)